

BERKLEY PARKS & RECREATION  
BERKLEY PUBLIC LIBRARY



**2025**  
**Winter Programs**



[www.berkleymich.org](http://www.berkleymich.org)

# Berkley Parks & Recreation

## Winter Youth Programs

### Lacrosse

Berkley and Royal Oak High Schools' largest feeder program of boys and girls presents a skills course that is perfect for new and seasoned players! Join us as players enjoy an upbeat skills training session with no contact, focused on technique. Equipment is provided for new players. We focus on skill development, use a progressive teaching method, and end every session playing Fireball!

Instructor: Woodward Bears

Date: Saturdays

Session 1: January 11

Session 2: February 22

Time: Grades 1-4, 10:00 - 10:55 am

Grades 5-8, 11:00 - 11:55 am

Cost: \$60



### Sanchin Ryu Karate for Kids & Families

**Family:** A Parent AND Child program for ages 4 and up. Set in a fun, non-competitive and informative atmosphere, this program allows parents to learn alongside their children.

**Kids:** Students will be trained with proven, age-appropriate techniques that are necessary for kids to protect themselves from attackers. This program is set in a fun, yet structured environment which will give your child a positive outlook on learning a martial art. We focus on healthy attitudes vs perfection! Participants will achieve a great self confidence and leadership through the physical techniques, mental strategies, drills and exercises they are lead through.

Instructor: Sensei Ashley Nysowy, 2nd Degree Black Belt with over 20 years of expertise.

Date: Thursdays

Session 1: January 9

Session 2: February 27

Time: 6:00 - 6:45 pm \*K-8th grade class

6:45 - 7:30 pm \*Family class 4 & Up

Cost: Family: \$60

K- 8th Grade: \$30

### Gymnastics

**\*\*All Jump-A-Rama classes held at Huntington Woods Rec Center\*\***

Each child is given the opportunity to explore a wide variety of apparatus, such as basic tumbling skills, springboard activities, balance beam, gymnastic jumps and trampoline exercises. This six-week program will provide your child with progressive skills that will encourage self-confidence and coordination!

Age: 3-5 yrs.

Date: Tuesdays

Session 1: January 7

Session 2: March 4

Session 3: April 22

Time: 12:00 - 12:50 pm

Cost: \$95



### Tumble Tots

**\*\*All Jump-A-Rama classes held at Huntington Woods Rec Center\*\***

This program will provide toddlers and preschoolers with an opportunity to explore a wide variety of basic tumbling apparatus like springboard, balance beam, large and small gross motor mats, trampoline and more.\*Parent participation required.

Instructor: Jump-A-Rama

Date: Tuesdays

Session 1: January 7

Session 2: March 4

Session 3: April 22

Time: 10:00 - 10:55 am 1-4 yrs.

11:00 - 11:55 am 1-4 yrs.

Cost: \$95

<b>Certified Babysitter CPR First Aid</b>		
Topics include first aid, when and how to call 911, CPR with manikin practice, choking and more		
Sunday, January 19 9:00 am - 3:00 pm \$75 Held at the Gilham Rec Center in Huntington Woods	Wednesday, March 3 5:30 - 8:30 pm \$55 Held at Berkley Community Center	
Certified Pet Sitter Add-On Sunday, January 19 3:00 - 4:00 pm \$15	Instructor: Live Safe Academy	

June 16 through August 14th

# Berkley Parks & Recreation Summer Day Camp

## Grades K-8th

\*must be entering traditional kindergarten

**FULL SUMMER REGISTRATION OPENS:**

RESIDENT: FEBRUARY 3RD

NON RESIDENT: FEBRUARY 10TH

📞 248-658-3470

2025

Stay tuned, more information available after the New Year!



# DaySmart<sup>®</sup>

Recreation

TO REGISTER FOR PROGRAMS PLEASE SIGN UP  
AND CREATE A NEW USER ACCOUNT TODAY!

VISIT THE PARKS AND RECREATION PAGE  
AT [BERKLEYMICH.ORG](http://BERKLEYMICH.ORG) FOR MORE INFO



**NEW PARKS & RECREATION SOFTWARE REGISTRATION SYSTEM**

# Berkley Parks & Recreation

## Winter Adult Programs

### Yoga

All levels slow flow yoga class perfect for new or experienced students. This class may consist of sun salutations, standing poses, balancing poses, twists, folding poses, and bends with modifications available to assure the flow meets you where you are on any particular day. Every class will utilize breath to guide your movement and end in a relaxing savasana. The pace will allow for you focus on alignment, spend time exploring each pose, build strength and flexibility, and reduce stress levels. Don't forget your yoga mat and water!

Age: 16 yrs. & Up

Date: Saturdays

Session 1: January 11

Session 2: February 22

Time: 9:00 - 9:55 am

Cost: \$50 Resident \$55 Non-Resident

\$10 Drop-In

### PiYo Live

PIYO® Live is a low-impact blend of strength training and conditioning inspired by pilates and yoga. This workout will help increase strength, stability, stamina and flexibility. Please bring a yoga mat, towel and water bottle.

Instructor: Bre Young

Age: 16 yrs. & Up

Date: Mondays

Thursdays

Session 1: January 6

Session 1: January 9

Session 2: March 3

Session 2: March 6

Time: 6:00 - 6:55 pm

Cost: \$61 Resident

\$66 Non-Resident

\$12 Drop-In



• AKC STAR PUPPY  
• INTRODUCTION  
• INTERMEDIATE

2025 DOG OBEDIENCE  
CLASSES. STAY TUNED!

### Beginner Tai Chi

Learn Wu Style Tai Chi Chuan, an invigorating exercise for health and peace of mind. Careful practice will improve coordination and increase relaxation. Improve your health and concentration and learn to deal with stress more effectively. "Try the 1st class for free!"

Instructor: International Wu Style Tai Chi Chuan Federation Certified Sam Purdy.

Age: 16 yrs. & Up

Date: Wednesdays

Session 1: January 8

Session 2: February 19

Time: 6:00 - 7:30 pm

Cost: \$45 Resident

\$50 Non-Resident

\$9 Drop-In

### Sanchin Ryu Karate for Adults & Teens

Specifically designed to address personal-protection concerns, this program instructs a broad range of strikes, combinations, footwork and defense tactics. Receive specialized training on how to deal with, get out of, and counter a multitude of grabs and attack scenarios. Learn how to use the whole body for power, making the most of your size and strength (regardless of athletic ability). Uniforms are available for purchase but NOT required.

Instructor: Sensei Ashley Nysowy, 2nd Degree Black Belt with over 20 years of expertise.

Age: 14 yrs. & Up

Date: Thursdays

Session 1: January 9

Session 2: February 27

Time: 7:30 - 8:30 pm

Cost: \$40

### Adult & Pediatric First Aid/CPR/AED

Instructor: Live Safe Academy

Age: 16 yrs. & Up

Date: Tuesday, January 28

Time: 7:00 - 9:00 pm

Cost: \$95



Berkley Parks & Recreation  
PRESENTS

# Winter Fest



**Save the date:**  
**Saturday, February 1st**  
**12:00 - 2:00 PM**  
 Community Center Lawn  
 2400 Robina



*Happy Holidays*

## YOUTH SPORTS CONTACTS



**Berkley Dads' Club**  
 Dave Schmidt  
[berkleydadsclub.net](http://berkleydadsclub.net)



**Berkley Moms' Club**  
 Corrina Campbell  
[berkeleysoftball.com](http://berkeleysoftball.com)



**Berkley Steelers Football**  
 Scott Rowlett  
[berkleysteelers.net](http://berkleysteelers.net)



**Berkley Hoops**  
 Scott Rowlett  
[berkeleyhoops.org](http://berkeleyhoops.org)



**Berkley Steelers Cheer**  
 Michelle Rowlett  
[berkleysteelers.net](http://berkleysteelers.net)



**South Oakland County Soccer**  
 Mike Egnotovich  
[socsfc.com](http://socsfc.com)

All community youth sport league registration is done by each separate entity. Additional information can be found on their websites.



## GUITAR ONE & DONE GROUP LESSONS

AGES 12 & UP

\$29 PER DATE / 5:00-6:00 PM

JANUARY 16  
 FEBRUARY 13  
 MARCH 13  
 MAY 16



## DROP IN PLAY

Wednesday mornings 9-11 am

Berkley Community Center  
 Resident \$2  
 Non Resident \$3



# Berkley Parks & Recreation

## Winter Senior Programs

BERKLEY PARKS AND RECREATION

### Senior Programming

JANUARY - FEBRUARY 2025

#### Come From Away

Fisher Theatre  
Wednesday, February 12

\$110 - transportation and ticket  
to the show

#### Trivia Thursday

Berkley Community Center  
Thursday, January 23  
12:30 - 2:30 pm  
\$15 per person

#### Lunch Bunch

Cheesecake Factory  
Wednesday, January 29

Cornbread  
Monday, February 24

\$10 - Lunch on your own

#### Valentine's Bingo Bash

Berkley Community Center  
Friday, February 14  
12:30 - 2:30 pm  
\$15 per person

#### Casino Trips

Hollywood Casino  
Monday, January 6

MGM Casino  
Monday, February 3

\$15

#### Senior Fitness

Tuesdays and Fridays  
9:30 - 10:30 am  
\$ 3 per class or  
\$25 punch card for 10 classes

Classes start week of January 13

#### Berkley Times

Looking for the latest senior  
programming information. Check out  
the Berkley Times available online or  
by stopping by the Berkley  
Community Center for a paper copy.

#### Senior Mix Workout

Mondays  
10:00 - 10:50 am  
\$5 per class

Classes start January 13

# Berkley Parks & Recreation

## Senior Transportation

Welcome to the Berkley Transportation Service. We look forward to assisting you with all of your transportation needs. Reservations can be made for trips to the doctor, salons, shopping centers, and more.

### General Information

- Senior van transportation is available for Berkley residents who are over the age of 50, retired, or semi-retired. All vehicles are equipped with wheelchair lifts for anyone in need.
  - A suggested donation of \$3 for one-way trips or \$5 for round trips is recommended.
  - Transportation is available Monday through Friday between 8:30 am and 4:00 pm unless otherwise stated.
- All rides must be completed by 4:00 pm

### How to Make a Van Reservation:

- Call Parks and Recreation at 248.658.3470 and ask for transportation.  
Reservations: Monday through Friday between the hours of 9:00 am & 12:00 pm.  
Requests will not be accepted at any other time.
- Please be prepared to provide your name, address, and the address of where you will need to be dropped off.
- Please indicate if you need special assistance, like if you are using a walker or are in a wheelchair.
- Reservations need to be made at least two days in advance but can be made months in advance if you have all necessary information.

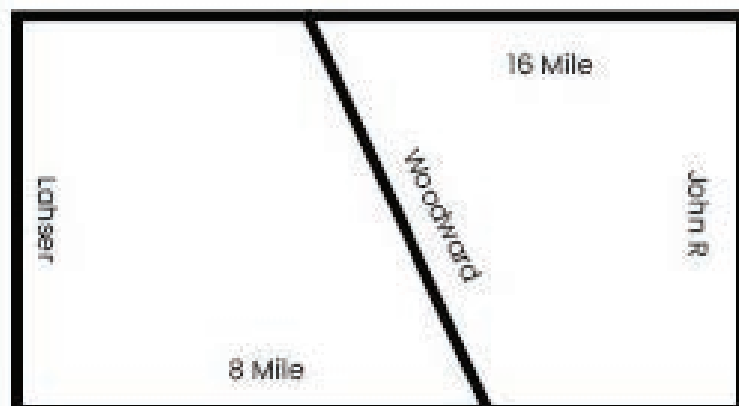
### Meijer Trip Information

Resident Meijer Trip  
8:30 am Tuesdays

Oxford Park Resident Meijer Trips  
10:00 am Thursdays & 9:00 am Fridays

No changes, other than cancellations, will be made on the day of transportation. Additions will not be accepted. Please do not ask the driver to alter the schedule.

All reservations, cancellations, and changes to existing rides must be made by calling the Parks and Recreation Department at 248.658.3470



### IMPORTANT! NO TRANSPORTATION DATES

December 23 - 27 - Holiday Break  
December 31 - New Year's Eve  
January 1 - New Year's Day  
January 20 - Martin Luther King, Jr. Day  
February 17 - Presidents' Day

# PUBLIC LIBRARY ADULT PROGRAMS

## Library Hours

Monday: 10:00 am - 8:00 pm  
Tuesday: 10:00 am - 8:00 pm  
Wednesday: 10:00 am - 8:00 pm  
Thursday: 10:00 am - 6:00 pm  
Friday: 1:00 pm - 6:00 pm  
Saturday: 10:00 am - 3:00 pm

## Origami Club ★

January 6, February 3, March 3  
5:30 pm

If you're interested in origami or are a seasoned folder, stop by the library's origami club! This club provides an opportunity to learn and explore with like-minded individuals.

## An Evening with Musician Ben Traverse ★

Monday, January 13  
6:30 pm

In this enlightening presentation, listeners will receive an in-depth overview of old time music. Great Lakes State-based troubadour Ben Traverse, along with their guitar, banjo, mountain dulcimer, and autoharp, will perform a variety of songs. These performances will serve as lenses to explore old time's diverse cultural and systemic influences, the impact of those influences on its contemporary perception, and the ongoing evolution of the growth of music.

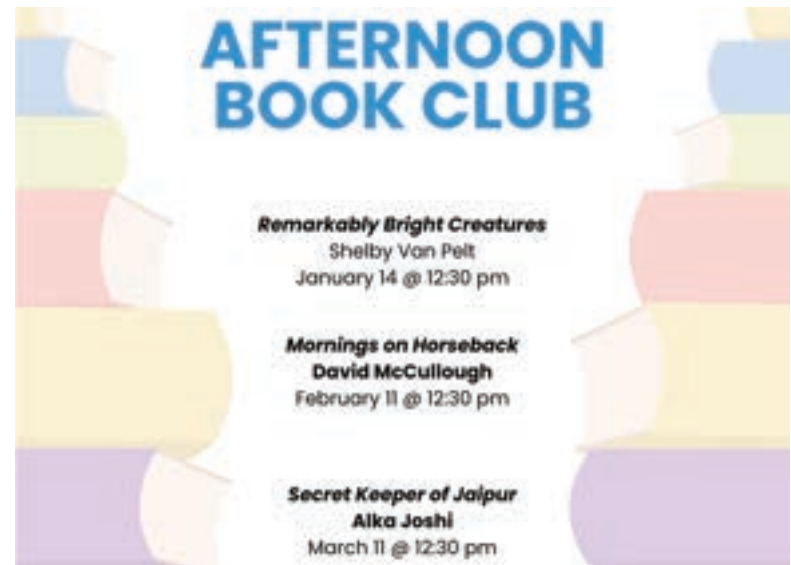
## LGBTQ+ Book Club ★

Tuesday, January 28  
6:30 pm

Calling all rainbow readers and allies! This book club is for anyone who wants to see themselves represented in courageous and tenacious stories of the LGBTQ+ community. We'll be reading *On Earth We're Briefly Gorgeous* by Ocean Vuong. Read the book ahead of time and bring a question and favorite quote to prompt some colorful conversation. Category is: reading rainbow realness.



★ Requires registration at [www.berkleymich.org/libraryevents](http://www.berkleymich.org/libraryevents)



## Beyond Shrek! ★ The Cartoons, Kid Books, and Crazy Career of William Steig

Tuesday, February 11  
6:30 pm

Presented by Bill DeGenaro, Berkley resident and Professor of Language, Culture, and the Arts at UM Dearborn. If you only knew Steig as the author of *Shrek!*, you're only scratching the surface. Steig was a New York illustrator for seventy years who helped cement the magazine's reputation for side-splitting cartoons and only started writing children's books four decades into this career. Professor D. discusses Steig's unique humor and playful approach to language. Fans of comics and children's literature of all ages are welcome. So is anybody who has ever tried their hand at captioning New Yorker cartoons!

## RJ Spangler Band ★

Wednesday, February 26  
6:30 pm


Join the RJ Spangler Band featuring James O' Donnell, brought to you by the Jazz Foundation of America, for a lively evening of music. Detroit Jazz veterans RJ and James, (percussion and trumpet, respectively) offer a wide variety of styles of jazz including bop, bossa nova and boogaloo.



# BERKLEY PUBLIC LIBRARY

## ADULT & TEEN PROGRAMS

### Millennial Memoir Book Club

Tuesday, March 4   
6:30 pm

Memoirs by millennials, for millennials (and anyone else!). We'll be reading and discussing *One in a Millennial: On Friendship, Feelings, Fangirls and Fitting In* by Kate Kennedy. Want to revisit the joy and trauma of coming-of-age at the end of the 20th century through the stories of celebrities and pseudo-celebrities who lived it first hand? Then this is the book club for you!

### Vibe Credit Union: Budgeting 101

Wednesday, March 12  
6:30 pm

What is a budget and what are some useful tools available? How do I track my monthly expenses? What qualifies as debt and who can help me? Vibe Credit Union can!



### Monthly Teen Activities

January - Make your Super Bowl prediction! We'll draw a prize winner from those who correctly guess the winning team.

February - Write your own candy hearts! Supplies will be in the teen room; turn them into the front desk and we'll post them on the bulletin board.

March - It's Oscar month! Vote for your favorite movie based on a YA book.

### Scholarships, Grants and Loans

Wednesday, January 15  
6:30 pm on Zoom

This workshop will uncover the best college cost-reduction strategies and reveal little known asset, borrowing, and saving methods. Learn insider information on scholarships, grants, and loans to help make your college planning both successful and affordable. You can access the Zoom meeting on your own device, or come to the library where we will have it up on the screen in our meeting room.

### Teen Book Club

January 13, February 10, March 10  
4:45 - 5:45 pm

Book titles will be announced on our website.

### Felt Fortune Cookie Valentines Kit

Week of February 3

Pick up a supply kit to make unique Valentines with this no-sew craft.

### CD Scratch Art

Week of March 17

Pick up a CD Scratch Art Kit. Turn an old CD into a work of art.

 Requires registration at [www.berklemich.org/libraryevents](http://www.berklemich.org/libraryevents)

# PUBLIC LIBRARY YOUTH PROGRAMS

## Library Hours

Monday: 10:00 am – 8:00 pm  
Tuesday: 10:00 am – 8:00 pm  
Wednesday: 10:00 am – 8:00 pm  
Thursday: 10:00 am – 6:00 pm  
Friday: 1:00 pm – 6:00 pm  
Saturday: 10:00 am – 3:00 pm

## Family Story Time

Join us for stories, rhymes, and songs! Activities will focus on ages 2-6, but all ages are welcome. No registration is required.

Tuesdays at 10:30 am

Session 1 dates:

1/14, 1/21, 1/28, 2/4, 2/11, 2/18

Session 2 dates:

3/11, 3/18, 3/25, 4/1, 4/8, 4/15



## Baby Playtime

Enjoy open-ended play with your infant or toddler, and social interaction with other families. Our toys are best suited for ages 6 months-3 years. Siblings welcome. No registration required.

Thursdays at 10:30 am

Session 1 dates:

1/16, 1/23, 1/30, 2/6, 2/13, 2/20

Session 2 dates:

3/13, 3/20, 3/27, 4/3, 4/10, 4/17

## READ TO A DOG

Sign up for a 15 minute timeslot at [www.berkleymich.org/libraryevents](http://www.berkleymich.org/libraryevents)

Bonnie - Tuesdays

Indo - Saturdays

January 21  
February 25  
March 18

January 18  
February 22  
March 15

5:00 - 7:00 pm

10:30 am - 12:30 pm



## CD Scratch Art ★

Monday, January 27  
6:30 pm

Turn an old CD into a piece of art.

## Cotton Candy Science ★

Tuesday, February 25  
6:30 pm

Want something that is educational and delicious? Cotton Candy Science is the show for you. Learn about what cotton candy is, how it's made, who invented it and what it tastes like!

## Cupcake Liner Flowers ★

Tuesday, March 11  
6:30 pm

Create colorful paper flowers that celebrate spring being just around the corner.



Requires registration at [www.berkleymich.org/libraryevents](http://www.berkleymich.org/libraryevents)

## Monthly Activities

### Book Touchdowns - January

Vote for your favorite book and check the display to see which book's football scores a touchdown first.

### Valentine Hearts - February 1 - 14

Find supplies to make Valentines in the storytime room!

### Oscar Vote - March

It's Oscar month! Vote on your favorite movie based on a kids book.